

Youth Speed and Agility Clinic

Starts April 2015!

Each month we will be offering a clinic for
ages 8+

8-One hour sessions with our professionally
trained speed and agility trainers.
(You choose your 8 days during the month to suit your schedule.)

Clinic will be held on the turf
Tuesday 3:30-4:30
Thursday 3:30-4:30
Sunday 11:00-12

**Sign up is mandatory. Space is limited. Waivers
must be signed and received before you start the
clinic!**

See front desk or email clubinfo@pro-fit-club.com
for more information.